

Methastra's Rede



*A lifetime of learning I've set to these pages,
Some learned from fools, and some learned from sages.*

*This tome contains musings: some wisdom, some rant.
Some will find truth here, some won't and some can't.*

*If your eyes fall upon this page, it's meant for you,
For the Universe offers what you're meant to do.*

*The Secret of Magic quite often astounds:
There isn't a Secret! Just look all around!*

*The Trees teach you lessons – the Willow that bends.
The challenge for you: learn the message it sends.*

*By Example and Symbol the Universe speaks.
It may happen quickly or take many weeks.*

*Be aware what you notice – it needs your attention
If you're going to hear what it's trying to mention.*

*For the Universe rarely speaks loudly and clearly,
But it speaks all the time if you listen sincerely.*

*You're here for a reason – to heal, teach and learn.
The better you listen, the more growth you'll earn.*

*The goal, it would seem, is reunion with Spirit.
Learn lessons while here, don't run from, don't fear it.*

*Though we travel our own paths, our lives interlace.
We must all grow together - this isn't a race.*

*So be mindful of others, and help when you can,
A bird, tree or pebble, a woman or man.*

*Material, Ether, and Astral involved,
Work them correctly, your problems be solved.*

*Magic is simple, has rules, like Mundane,
Push or pull with your Heart and direct with your Brain.*

*The Emotions you raise will determine its power.
The more you project, that much sooner its hour.*

*The Thoughts that you hold in your mind as you cast
Tell the power its job – where to go and its task.*

*If your thoughts falter or change while you work,
Your focus is lessened - your power will fork.*

*Dual aspects to work with, the God and the Goddess,
Called Yang and called Yin – the names matter not, honest!*

*Yang feels like anger – you feel in your chest.
It jumps to the hand and for quick work is best.*

*Yin is much softer – it's felt at the womb.
The power of Love and the peace of a tomb.*

*Yang is aggressive – Male "Get It Done Now!"
If you're in a hurry, Yang does it, and how!*

*Yin is more subtle, for delicate tasks.
If you're working with love, it's the one you should ask.*

*All genders have both, their intensities varied,
And strong you will be with both energies married.*

*Be Humble and True, though, whatever your power.
Sometimes you're the lightning, sometimes you're The Tower.*

*The Cards hold no magic, the Runes have no secret
That's not found within you – if only you'll seek it.*

*Negative or Positive? Sometimes you must give.
The Antelope dies so the Lion may live.*

*Remember, when tragedy breaks down your door:
Whatever you lose, you will gain so much more.*

*I know it sounds hard, when loss brings pain and sorrow,
But you will know joy again – next year, or tomorrow.*

*One thing that I've found, and I hope you will heed:
Ask not what you want from life. Ask what you need.*

*Ask what you want and it may come to you,
But ask what you need: What you came here to do.*

*This far through my Rede you have stayed and have read.
Down paths much like mine you are likely to tread.*

*I welcome you, joyful, a companion to walk,
For someone to listen to, someone to talk.*

*These pages are yours to accept or critique.
May your road straight to Spirit unfold at your feet.*

*Stay if you will, here, or leave if you must.
Blessed Be, One and All. Perfect Love. Perfect Trust.*